



# ‘Welcome to the light photography’ with *Art for Life*

## Contact Info

Natasha: 0412 933 520

Nicolas (Natasha’s husband): 0407 690 177

Please provide me with two numbers, one for you and one for your support person, that will be used on the day. You can update these any time just let me know. These numbers will be added as ‘favourites’ in my phone and will bypass any silent function I have, so it’s crucial that these numbers are confirmed prior to the day. If you would like to group text me with your support person before the day that is also a welcomed option.

## All booked, what now?

Now we wait... and sometimes we wait and wait and wait...

Up to 38 weeks a weekly email or text just to touch base is always good. We will get some idea around 38 weeks how things are progressing. From this point its even more case by case. Day by day. If absolutely anything happens at all, from changes in blood pressure to ‘I’m just feeling different feel free to shoot me a text, I am always happy to hear from you, and getting mentally prepared is always a good thing. We are ‘in it’ together now so you can lean on me as someone else is just as excited about this moment.

Due to the unexpected nature of delivery I am happy to come at the first sign of changes. If I wait around for long periods of time, that’s totally okay. It’s a fly on the wall experience having me there, and having had three babies of my own, witnessing and being a part of many births in some way or another I have a lot of experience in knowing when to make myself scarce, and when to help out. It may be that I stay in my car and have a snooze until you need me. Whatever happens, it’s better for me to be on site when the action happens so don’t hesitate to give me warning if you desire. It will take time for me to travel to you so please factor that in. Women are warriors, the female body is amazing, and some mamas will know exactly where they are at and may decide to ‘wait it out’ before getting in touch and that’s totally okay as well. Trust your body and your instincts and know that you are in control, I will come when called. And I’ll be ready x

## What do I do?

When you think there is movement send me a text straight away, if you don’t get a prompt reply call me. My philosophy is I’d rather false start 100 times, than miss it, so feel free to wake me up at ANY hour of the night...

Step 1: You can call or text my number. I will endeavour to text back rather than call wherever possible as you will be busy. You can text if its early stages, but always call if you feel action is imminent. I have my phone with me always so call if you don’t get a prompt text response. If you don’t get a prompt response from calling, KEEP CALLING. You cannot annoy me. Your number will be a favourite in my phone, which is always with me. If for any reason you aren’t hearing from me, please contact my husband Nicolas on the number provided.

Step 2: Keep me posted with your location. This is a job for your support person so please chat with them in advance and let them know that I will come to the last location text to me. The reason for this is that plans change, for a variety of reasons. My process is to follow the contact.

Step 3: Bring a beautiful baby into the world.

## What if baby arrives quickly?

There is always the chance that your little person is in a rush to see the world. It’s not something that either of us can control. I will come to you as soon as humanly possible, and I will document the moments I can. If I miss the birth completely your package changes to the ‘New Baby’ package which includes images of those first precious hours. In an unforeseen circumstance (emergency situation) if neither of these options are available the \$100 deposit will be credited towards a future session.

## What happens after delivery?

At this point a miracle has arrived earthside and you will be a whole mixture of emotions. I will stay to document first holds, and the pure bliss that unfolds in those precious moments. We will take an image of your new family and very soon after that the time will be right for me to slip away leaving your family to become acquainted. An image will be made available to you promptly to make your announcement, should you wish to do so, or just to enjoy. Then your images go into my usual workflow and will be retouched to perfection and made available to you in an online gallery from which you will be able to download and use immediately.